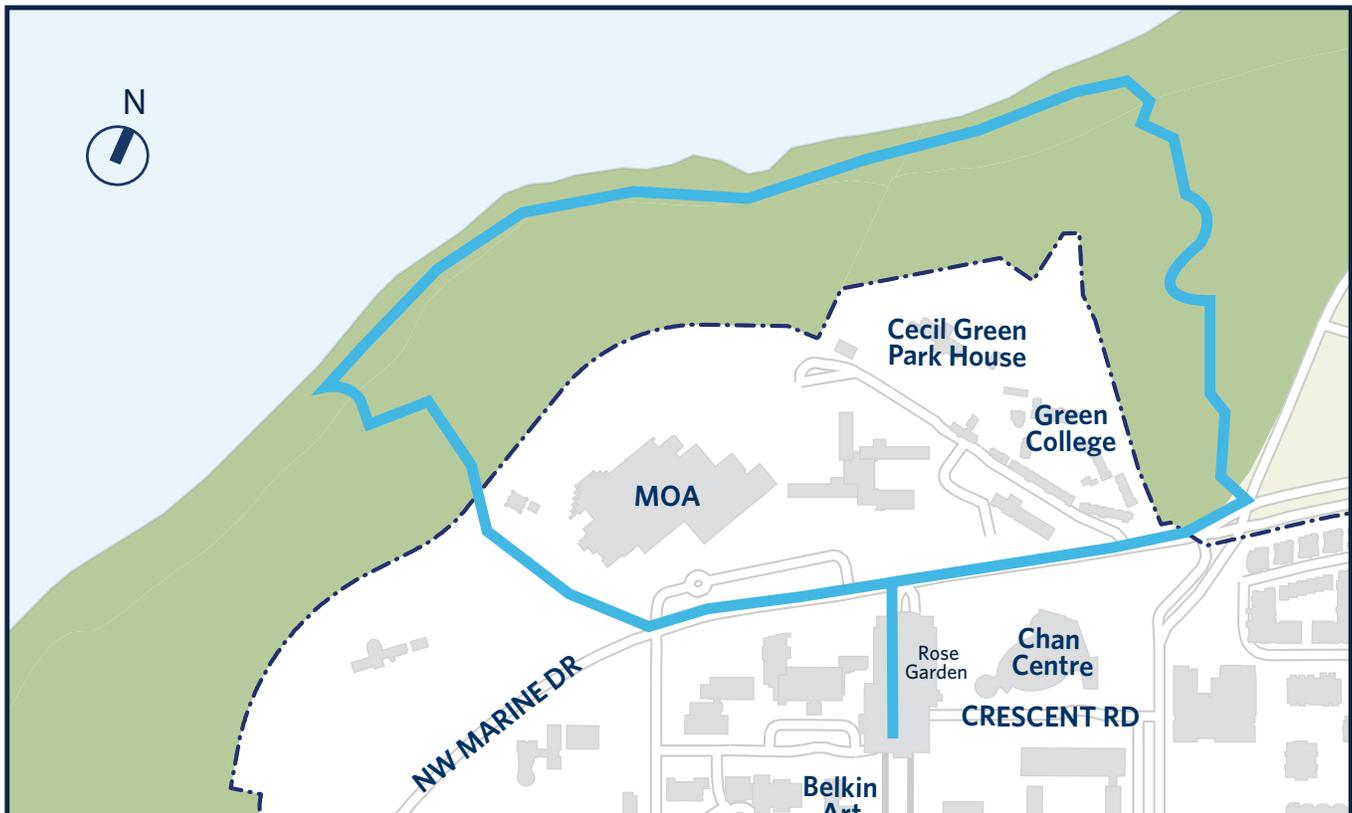


# TOWER BEACH TRAIL



Base map supplied by UBC Campus + Community Planning  
Created November 2016

The Tower Beach Trail is for adventure seekers looking for a challenge during their breaks. This trail boasts beautiful scenery—as you wind down Pacific Spirit Park towards Tower Beach, you will trek through forests before coming to a stunning beach. Be forewarned, this trail is one that requires proper footwear, as you may have to climb over fallen trees or walk on slippery rocks.

## Directions

Meet at the flagpole and descend the stairs at the Rose Garden. Cross and turn right on NW Marine Drive, continuing until you see the Trail 3 entrance on your left. Follow the stairs to the beach and follow the path on your left along the beach, watching for rocks and fallen trees. Continue until you see a staircase on the left (Trail 4). Follow the stairs to reach the Museum of Anthropology and continue back onto NW Marine Drive. Take a left, then right at the stairs to head back to the Rose Garden.

 30 minutes (brisk) 45 mins (relaxed)

 Challenging

 Slippery rocks, fallen tree stumps and uneven terrain.

 Athletic or casual shoes, no business casual shoes

 No wheelchairs or strollers

 2.4 km

 4100 steps

 Trail 3 (descending): 394 stair steps  
Trail 4 (ascending): 410 stair steps

*This is a student-led collaboration with faculty and staff in the SEEDS Sustainability program.*