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# UBC Wellbeing Strategic Initiative Fund Application - 2023/24

UBC Wellbeing Strategic Initiative Funds are granted to departments and units at UBC's Vancouver and Okanagan campuses to support UBC's commitment to the Okanagan Charter to become a health and wellbeing-promoting institution, as outlined in UBC's Wellbeing Strategic Framework.

Thank you for championing wellbeing at UBC! By working together, we can create happier, healthier, more sustainable communities on our campuses.

#### STRATEGIC INITIATIVE FUND ELIGIBILITY CRITERIA

- Must be a current UBC faculty or staff to apply. Student-led projects require a staff or faculty sponsor.
- Initiatives must have a clear linkage to UBC's Wellbeing Strategic Framework targets.
- Funding may not be used retroactively, or exclusively for the purchase of equipment.
- Recipient must agree to report back on project outcomes and how the funds were used.
- Depending on the funding stream, up to \$5,000 per request is available for faculty/staff/student-led projects. Projects must take place and funds be used by March 31, 2024.

## STRATEGIC INITIATIVE FUND SELECTION CRITERIA

Preference will be given to proposals that:

- Align closely with advancing the <u>Wellbeing Strategic Framework</u> milestones/targets and our commitments to the Okanagan Charter for health-promoting campuses.
- Showcase inclusion, innovation, and collaboration as per the UBC Strategic Plan.
- Showcase observable or measurable benefits to promoting the health and wellbeing of UBC community members and ecology.
- Are first time applicants
- Advance elements of UBC's <u>Indigenous Strategic Plan</u>, <u>Inclusion Action Plan</u>, <u>Anti-Racism and Inclusive Excellence Report</u>, <u>Climate Action Plans</u>, <u>Student Strategic Plan</u>, and <u>HR Focus on People Plan</u>.

Additional information about the application process is outlined at <a href="https://wellbeing.ubc.ca/ubc-wellbeing-strategic-initiative-fund">https://wellbeing.ubc.ca/ubc-wellbeing.ubc.ca/ubc-wellbeing-strategic-initiative-fund</a>.



Remaining SIF funding for 2023/24 applications have been allocated to the Teaching, Learning and Research (TLR) Environment Stream, which provides low-barrier funds to support faculty, staff and students to embed sustainable health and wellbeing strategic initiatives within TLR environments. Up to \$5,000 per request is available. Selected projects will have the opportunity to be featured at a knowledge sharing event in Spring 2024.

Decisions will be made on a rolling basis and all applicants will be contacted after submissions have been reviewed.

Section A: Funding Recipient Information						
Department / unit  Primary contact name  Email  Cost Center/Program Code (if accessible)  Department finance contact email (if accessible)						
Are	you a:					
O Student						
0	Staff					
0	Faculty member					
0	None of the above					
Do	you have a staff/faculty sponsor? If so, please list their	name, department/unit and email.				
			//			
ls t	his your first time applying for the Wellbeing Strategic I	nitiative Funds?				
0	Yes					
0	No					
0	Unsure					

## Section B: Project Information

ect Description: fly describe your project and how it advances the Wellbeing Strategic Framework milestones / ports the Okanagan Charter for health promoting universities and colleges. If relevant, please a vations of your project.  se provide high-level details of your project's key activities and timeline.	
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l amount of funds requested for project (up to \$5,000):	
will funds be used? For example: honorariums, marketing materials, equipment.	
	1,
se list any units / departments with whom you are collaborating.	
	11
any collaborators new?	
Yes	
No Not applicable	

Projects should involve more than one-time workshops, programs, events or team socials. They must encompass a multi-pronged approach aimed at promoting wellbeing, reducing barriers and increasing opportunities to implement healthy behaviors over a long period of time.

oport?  O Physical Activity  O Built & Natural Environments  O Mental Health & Resilience
oport?  O Physical Activity  O Built & Natural Environments  O Mental Health & Resilience
Briefly describe the anticipated observable or measurable benefits of your project in promoting the health and wellbeing of UBC community members and our ecology. If relevant, please also provide the anticipated reach of project.  Which UBC Wellbeing priority area does this project support? (Please select ONE area that best aligns with your project so we can direct your application to the applicable Wellbeing Priority Area committee.)  O Collaborative Leadership O Physical Activity O Social Connection O Built & Natural Environments
O Physical Activity O Built & Natural Environments O Mental Health & Resilience
O Built & Natural Environments O Mental Health & Resilience
O Mental Health & Resilience
support?
☐ Physical Activity
☐ Built & Natural Environments
☐ Mental Health & Resilience
y support? (select all that apply)
evant plan(s) selected above.
c

Please share any other information (including e.g. websites, project charters) that will support your application. A file upload option is available below. (optional)

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Upload any relevant files (optional)			

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