



Terms of Reference

Name: *UBC Food & Nutrition Committee*

Updated March 29, 2022

CONTEXT / PURPOSE

A well-balanced, nourishing diet helps us all to thrive, fueling the important academic and professional work that happens in our classrooms, workplaces, and research labs. The mandate of the UBC Food and Nutrition Advisory Committee is to increase awareness and facilitate action towards a food secure and nutritionally sound campus that supports just and sustainable food systems.

OUR VISION FOR A NUTRITIONALLY SOUND CAMPUS

UBC is a nutritionally sound campus where all community members have access to and consume safe, healthy, and culturally appropriate food and where all members are supported to develop their food skills and knowledge, and actively engage in their local food system. UBC is recognized as a global leader that inspires and promotes health, wellbeing, equity and inclusion, justice, and sustainability in our food system.

LINKS TO STRATEGIC PLANS AND FRAMEWORKS

UBC Strategic Plan People and Places Strategy 3. Thriving communities: Support the ongoing development of sustainable, healthy and connected campuses and communities, consistent with the 20-Year Sustainability Strategy and the Wellbeing Strategic Framework.

- Contributes benefits to **Transformative Learning: Strategy 14 Interdisciplinary Learning**
- Contributes benefits to **Research Excellence: Strategy 8 Student Research** and **Strategy 9 Knowledge Exchange**
- Contributes benefits to **Local and Global Engagement: Strategy 20 Coordinated Engagement**

Supports the vision, calls to action and principles set out in the ***Okanagan Charter: An International Charter for Health Promoting Universities & Colleges.***

Supports UBC's ***Wellbeing Strategic Framework*** "Food & Nutrition" priority area, in particular the targets to "Reduce food insecurity for UBC community members by 2025" and to "achieve a 50% reduction in sugar-sweetened beverage consumption on our campuses by 2025."



Supports **Food Services Vision and Values** to “enable and inspire a lifetime of healthy eating.”

Supports the **UBC Student Student Plan**

Supports the **AMS Sustainability Action Plan**

Supports UBC’s Campus Vision 2050 (consultation in progress)

Supports all actions outlined in UBC’s **Indigenous Strategic Plan** to meet the vision of leading “in implementation of Indigenous peoples’ human rights”.

Supports UBC’s **Inclusion Action Plan** to “create a welcoming community where those who are historically, persistently or systematically marginalized are treated equitably, feel respected, and belong” with a focus on Goal 1: Recruitment, Retention, and Success: Action D. Inclusive Spaces and Initiatives.

Supports UBC’s commitment to the **United Nations Sustainable Development Goals** with a focus on #2 Zero Hunger, #3 Good Health and Wellbeing, and #11 Sustainable Cities and Communities, and #12 Responsible Production and Consumption.

OBJECTIVES OF THE FOOD AND NUTRITION COMMITTEE

1. Advocates for engagement and acts as an advisory group for university-wide initiatives related to food & nutrition targets in UBC’s Wellbeing Strategic Framework and the Food & Nutrition milestones (see below).
2. Acts as a resource to formulate evidence-informed recommendations on emerging opportunities from external groups/organizations for UBC to implement new food and nutrition initiatives.
3. Explores integration of ISP, IAP, climate emergency, and SDG and actions into current and emerging Food & Nutrition focus areas.
4. Strengthens engagement and strategic partnerships with our campus communities and beyond.
 - With explicit link between healthy, just and climate friendly food and Climate Action Plan 2030 Climate-Friendly Food Systems (CFFS) Action Team
5. Provides expertise and guidance on the development of food, nutrition and health campaigns, policies, literacy, and initiatives in line with evidence-informed practices.
 - Key focus areas for 2022/23:
 - i. Healthy Beverage Initiative



- ii. Food Security Initiative
- iii. Healthy, just and climate friendly food
- iv. Explore creation of UBC-wide food policy council or high level food charter to guide strategic and coordinated approaches for UBC

MILESTONES

Food Security:

- Milestone #1: Community Food Hubs launched on both campuses to drive collective food security action
- Milestone #2: Affordability plan created

Health Beverage Consumption:

- Milestone #1: Achieve compliance with 'Healthier Choices in Vending Machines in BC Public Buildings' policy, as well as develop HBI-supportive guidance for all food and beverage locations and events on UBC campuses
- Milestone #2: HBI designation program launched for food/beverage providers and events

View full milestone proposal here:

https://docs.google.com/document/d/1D5a01Levdk1vl_cebMol3HdT7-Rwuw3Zvo3-yr7gl4g/edit#heading=h.mocxpgwomagm

RESPONSIBILITIES

Members are asked to be active participants in advancing our Vision for a Nutritionally Sound Campus. Members are expected to attend at least 75% of meetings to remain on the committee. If a member cannot attend a meeting, we kindly request they send an alternate representative from their unit.

Committee Members will:

- Attend committee meetings and functions, or send a delegate if unable to attend.
- Be informed about the committee's mandate, policies, and initiatives.
- Review agenda and supporting materials prior to committee meetings.
- Inform and engage others about the work of the Committee and link to the community and stakeholders.



- Serve and/or support the development of other ad-hoc working groups or task forces aligned with annual priorities.¹

The Chair(s) will:

- Report to the Wellbeing Strategic Support Team.
- Chair the Committee meetings.

REPORTING

The Food and Nutrition Committee is accountable to the Wellbeing Executive Leadership Team.

COMMITTEE MEMBERS

AMS: Project Coordinator, Sustainability

AMS: AVP Sustainability

AMS: AVP University Affairs

AMS: Food Bank Coordinator

GSS: | President or other delegate

Campus Community + Planning: Liska Richer | Manager, SEEDS Sustainability Program

Health Promotion & Education: Hillary Stevens | Health Promotion Specialist

Faculty of Land and Food Systems: Alison Browes | Dietetics Education Coordinator

School of Population & Public Health: Rachel Murphy | Assistant Professor, Centre of Excellence in Cancer Prevention

UBCO Food Services: Associate Director

UBCO Food Services: Julie Stachiw | Manager, Nutrition & Wellbeing (Co-Chair)

UBCO Campus Health: Casey Hamilton | Campus Health Specialist

UBCV Food Services: Colin Moore | Director, Food Service Operations

UBCV Food Services: David Speight | Executive Chef and Culinary Director

UBCV Food Services: Tamara Paetsch | Manager, Nutrition & Wellbeing (on leave)

UBC Botanical Gardens: Tara Moreau | Associate Director, Sustainability & Community Programs

UBC HR: Workplace Wellbeing Associate

Office of Wellbeing Strategy: Sara Kozicky | Food Security Project Manager, Food Security Initiative (Co-Chair)

Office of Wellbeing Strategy: Matt Dolf | Director, Strategic Support

Office of Wellbeing Strategy: Mandy MacRae | Communications & Engagement Strategist

Student member at large: TBD

¹ Stakeholders/community members who are not a part of the Food and Nutrition Committee may participate in priority area working groups or task forces.



COMPOSITION AND ORGANIZATION

Includes faculty, students and staff from across the Vancouver and Okanagan campuses. Additional chair(s) of the committee may be nominated. The chair(s) will serve for a 1 year renewable term. Members will consist of representatives from key faculties from units. The committee will be supported by a UBC Wellbeing staff. Terms of Reference will be reviewed annually.

MEETING FREQUENCY

Quarterly for up to 75 minutes (book in calendar for 90mins and end 15mins early, if desired can continue to chat for full 90 mins informally).



APPENDIX I – Okanagan Charter Key Principles for Action

USE SETTINGS AND WHOLE SYSTEM APPROACHES

Use holistic settings and systems as the foci for inquiry and intervention, effectively drawing attention to the opportunities to create conditions for health in higher education. Set an example for health promotion action in other settings.

ENSURE COMPREHENSIVE AND CAMPUS-WIDE APPROACHES

Develop and implement multiple interconnected strategies that focus on everyone in the campus community.

USE PARTICIPATORY APPROACHES AND ENGAGE THE VOICE OF STUDENTS AND OTHERS

Set ambitious goals and allow for solutions and strategies to emerge through use of participatory approaches to engage broad, meaningful involvement from all stakeholders, including students, staff, faculty, administrators and other decision makers. Set priorities and build multilevel commitments to action.

DEVELOP TRANS-DISCIPLINARY COLLABORATIONS AND CROSS-SECTOR PARTNERSHIPS

Develop collaborations and partnerships across disciplines and sectors, both within the campus community and with local and global partners, to support the development of whole campus action for health and the creation of knowledge and action for health promotion in communities more broadly.

PROMOTE RESEARCH, INNOVATION AND EVIDENCE-INFORMED ACTION

Ensure that research and innovation contribute evidence to guide the formulation of health enhancing policies and practices, thereby strengthening health and sustainability in campus communities and wider society. Based on evidence, revise action over time.

BUILD ON STRENGTHS

Use an asset-based and salutogenic approach to recognize strengths, understand problems, celebrate successes and share lessons learned, creating opportunities for the continual enhancement of health and wellbeing on campus.

VALUE LOCAL AND INDIGENOUS COMMUNITIES' CONTEXTS AND PRIORITIES

Advance health promotion through engagement and an informed understanding of local and indigenous communities' contexts and priorities, and consideration of vulnerable and transitioning¹¹ populations' perspectives and experiences.

ACT ON AN EXISTING UNIVERSAL RESPONSIBILITY

Act on the “right to health” enshrined in the Universal Declaration of Human Rights to ensure health promotion action embodies principles of social justice, equity, dignity and respect for



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diversity while recognizing the interconnectedness between people's health and health determinants, including social and economic systems and global ecological change.



APPENDIX II – Okanagan Charter Calls to Action

1. EMBED HEALTH INTO ALL ASPECTS OF CAMPUS CULTURE, ACROSS THE ADMINISTRATION, OPERATIONS AND ACADEMIC MANDATE

1.1 Embed wellbeing in campus policies: review, create, and coordinate policies, practices and guidelines to support the flourishing of people, campuses, communities, and our planet.

1.2 Create supportive campus environments: identify and study opportunities on campus to inform change in built, natural, social, economic, cultural, academic, organizational, and learning environments.

1.3 Generate a culture of wellbeing: by creating empowered, connected, and resilient campus communities that foster an ethic of care, compassion, collaboration, and community action.

1.4 Support personal development: build student, staff and faculty resilience, competence, personal capacity and skills

1.5 Create or re-orient campus services: to support equitable access, enhance health and wellbeing, optimize human and ecosystem potential, and promote a supportive organizational culture.

2. LEAD HEALTH PROMOTION ACTION AND COLLABORATION LOCALLY AND GLOBALLY

2.1 Integrate health, wellbeing and sustainability in multiple disciplines to develop change agents: use cross-cutting approaches to develop future citizens who have commitment and capacity to create health promotion change beyond campuses.

2.2 Advance research, teaching, and training for health promotion knowledge and action: advance multi-disciplinary and trans-disciplinary research agendas relevant to real-world research outcomes that benefit the future wellbeing of our communities.

2.3 Lead and partner towards local and global action for health promotion: build and support relationships and collaborations on and off campus to develop, harness, and mobilize knowledge and action.